

MEMBERSHIP BOOKLET



2026

Table of Contents

03	Our Memberships
04	Essential Membership
05	Enhanced Membership
06	Elevated Membership
07	Elite Membership
08-09	Add-On Options
10-16	Self-Services Description List
17	Membership Policies
18-19	Meet Your Provider
20-21	Meet Your Injector
22	Meet Your Concierge
23-25	Member Testimonials



OUR MEMBERSHIPS



Our aspiration is to curate a distinctive Membership designed around the evolving healthcare, wellness, and beauty needs of Arkansas. This initiative is built to ensure you receive the comprehensive, personalized care you deserve.

We've thoughtfully developed the following Membership options to support your total wellness needs and lifestyle:

- Essential Membership
- Enhanced Membership
- Elevated Membership
- Elite Membership

Each Membership may be complemented with additional add-on options, allowing you to further personalize your care based on your individual needs.

Quick Points

ESSENTIAL MEMBERSHIP

\$100 / monthly

30
MONTHLY
WELLNESS
SELF SERVICES

MEMBERSHIP
CONCIERGE

+

PERKS
&
PROMOTIONS

- Access to up to thirty wellness self-services:
 - Red Light Bed
 - Infrared Salt Sauna
 - Vitamin D Bed
 - Lymphatic Compression Treatment
- Access to priority appointments
- Access to Quarterly Clinic Membership Mixers with additional discounts
- Access to Membership Patient Portal
- Access to Exclusive Membership Only App (Apple/Android Store)
 - Receive notifications
 - Request self-service appointments
 - Track payments
- Additional perks and promotions offered throughout the year

Quick Points

ENHANCED MEMBERSHIP

\$125 / monthly

20% OFF
PELLET THERAPY

50% OFF
WEIGHT
MANAGEMENT
PROGRAM

MEMBERSHIP
CONCIERGE

+

PERKS
&
PROMOTIONS

- Priority appointments with Beyond Wellness providers
- Telehealth included
- Access to convenient in-office blood draws
- 20% off Pellet Therapy
- 50% off Weight Management program add-on
- Access to Quarterly Clinic Membership Mixers and events with additional discounts
- Access to Membership Patient Portal
- Access to Exclusive Membership Only App (Apple/Android Store)
 - Receive notifications
 - Request self-service appointments
 - Track payments
- Additional perks and promotions offered throughout the year

Quick Points

20% OFF
PELLET THERAPY

50% OFF
WEIGHT
MANAGEMENT
PROGRAM

20% OFF
AESTHETIC,
ESTHETICIAN, &
CASH SERVICES

1
IV THERAPY

8
MONTHLY
WELLNESS
SELF SERVICES

MEMBERSHIP
CONCIERGE

+

PERKS
&
PROMOTIONS

ELEVATED MEMBERSHIP

\$175 / monthly

- Priority appointments with Beyond Wellenss providers
- Telehealth included
- Access to convenient in-office blood draws
- Additional visits are welcome upon availability
- 20% off Pellet Therapy
- 50% off Weight Management add-on
- 20% off all Aesthetic Services, Esthetician Services, and Cash Services
- Access to eight wellness self-services:
 - Red Light Bed
 - Infrared Salt Sauna
 - Vitamin D Bed
 - Lymphatic Compression Treatment
- Access to one IV treatment per month
- Access to Quarterly Clinic Membership Mixers and additional discounts
- Access to Membership Patient Portal
- Access to Exclusive Membership Only App (Apple/Android Store)
 - Receive notifications
 - Request self-service appointments
 - Track payments
- Additional perks and promotions offered throughout the year

Quick Points

20% OFF
PELLET THERAPY

50% OFF
WEIGHT
MANAGEMENT
PROGRAM

20% OFF
AESTHETIC,
ESTHETICIAN, &
CASH SERVICES

4
IV THERAPY

30
MONTHLY
WELLNESS
SELF SERVICES

MEMBERSHIP
CONCIERGE

+

PERKS
&
PROMOTIONS

ELITE MEMBERSHIP

\$225 / monthly

- Priority appointments with Beyond Wellness providers
- Telehealth included
- Access to convenient in-office blood draws
- 20% off Pellet Therapy
- 50% off Weight Management add-on
- 20% off all Aesthetics Services, Esthetician Services, and Cash Services
- Access to up to thirty wellness self-services:
 - Red Light Bed
 - Infrared Salt Sauna
 - Vitamin D Bed
 - Lymphatic Compression Treatment
- Access to up to four IV treatments per month
- Access to Quarterly Clinic Membership Mixers and Seasonal Open Houses with additional discounts
- Access to Membership Patient Portal
- Access to Exclusive Membership Only App (Apple/Android Store)
 - Receive notifications
 - Request self-service appointments
 - Track payments
- Additional perks and promotions offered throughout the year

MEMBERSHIP ADD-ON: WEIGHT MANAGEMENT

+ \$50 / monthly

What's Included:

- Monthly Weight Management appointments
- Medically supervised care
- Personalized nutritional guidance
- 20% off muscle-building peptide therapy
- Recommended prescription medications to support your goals
 - cost of medication, not included
- Guidance and recommendations on supplement and vitamin enhancements
 - cost of supplements and vitamins, not included
- Access to our Body Composition Device
 - This device provides a detailed analysis of body composition, including fat weight, water weight, and dry lean mass. Crucial for effective and sustainable weight management.
- Telehealth
- Access to Membership Patient Portal

MEMBERSHIP ADD-ON: EVOLVE

+ \$400 / monthly

- Access to 4 monthly Evolve sessions
- Access to Membership Patient Portal
- Evolve X Tite – Evolve Tite is an innovative non-invasive solution designed specifically to reduce the unsightly appearance of loose sagging skin. It is a quick and easy non-surgical alternative that will reshape your body.
- Evolve X Tone – Evolve Tone is an innovative non-invasive solution designed specifically to increase muscle strength. It is a non-surgical procedure that will enhance the shape and tone of your body.
- Evolve X Trim – Evolve Trim is an innovative non-invasive solution designed specifically to reduce the unsightly appearance of cellulite. It is a quick and easy non-surgical alternative to liposuction which will reshape your body.
- Evolve X Transform – Get it all with Evolve Transform, which is a combination of Tite, Tone, and Trim. Transform is an innovative hands-free procedure that builds and strengthens muscles, reducing fat, while also enhancing the appearance of your skin. This non-invasive treatment is a zero-downtime alternative for sculpting and refining your body in the comfort of our office.

SELF-SERVICES LIST

Red Light Bed

Photobiomodulation or LLLT is a treatment that stimulates the body's cellular processes. This bed uses red and full-spectrum near-infrared light to activate a variety of biological processes.

Red light therapy is used for and approved to treat injuries, reduce pain, relax muscles/joints, and increase blood circulation. It can also target skin rejuvenation, hair loss prevention, and sleep optimization.



SELF-SERVICES LIST

Red Light Bed (continued)

Similar to the previous paragraph, Blue Light is stimulating and thought to enhance mood, focus and attention. Blue light is part of the spectrum of light we get from daylight, and it is also associated with cleansing and disinfecting. Research suggests that the combination of red and blue light may reduce bacteria-caused blemishes on the skin resulting in an overall improved appearance of the skin.

This bed also offers a unique Green and Infrared light mode, namely the "Calm Mode". Greenlight has the most calming effect on the mind among all colors in the visible light spectrum.

SELF-SERVICES LIST

Infrared Salt Sauna

Our Infrared Salt Sauna offers a synergistic combination of Infrared Saunas (manufactured by Clearlight Infrared) and Salt Therapy (provided by Halotherapy Solutions, LLC). It was created to engage all 5 senses for a truly transformative experience in an all-in-one solution that has never been seen before:

There are truly synergistic benefits of using Halotherapy and infrared together:

- Improves respiratory health
- Improves immune resilience
- Promotes detoxification
- Helps skin conditions (psoriasis, eczema,etc)
- Helps with chronic pain
- Relieves muscle tension and stress
- Speeds up recovery
- Enhances sport performance



SELF-SERVICES LIST

Lymphatic Compression Treatment

There are many health benefits to using the BOA Max 2 for Lymphatic Compression Treatment. It provides an anti-aging massage while helping you feel invigorated and relaxed. Algorithms include lymphatic drainage, sport massage, slimming and cellulite. When it comes to the body's circulatory and lymphatic systems, the BOA Max 2 acts as an external heart, applying gentle pressure to enhance blood circulation and stimulate the lymphatic system flow. This helps to eliminate toxins in the body and gives the blood fresh oxygen. All of this promotes a stronger immune system. Because the blood is freshly oxygenated, the skin cells become healthier. The skin is firmer and looks and feels better.

SELF-SERVICES LIST

Lymphatic Compression Treatment (continued)

When used regularly, the BOA Max 2 may avoid, halt, or even eliminate cellulite and liquid accumulation. Sports massage is among the most popular applications. The compression relaxes the muscles and helps lactic acid drain. A side-effect of all pre-set modes is that abdominal muscles will relax with gentle compression which stimulates healthy and efficient waste elimination.



SELF-SERVICES LIST

Vitamin D Bed/ vibraNano

- 26 x 180W pure Sunlight Lamps
- 26 x 180W smart Sunlight Lamps
- Collagen Light stimulates the production of collagen
- Helps improve, lines and reduce wrinkles
- Optimal UVB light for ultimate Vitamin D absorption, a beautiful complexion and tanning results
- Refreshing ventilation for comfortable sessions
- Voice-guided instructions for easy operating
- Easy-to-use and intuitive control buttons

vibraNano is a patented technology based on side-alternating acceleration, creating a walking-like motion that triggers muscle reflexes in the lower body while keeping the upper body still and relaxed. This technology operates by rapidly stretching and contracting muscles, stimulating individual muscles and muscle groups at a frequency of 12-21 times per second (12-21 Hertz).

SELF-SERVICES LIST

Vitamin D Bed/ vibraNano (continued)

The benefits of vibraNano include:

- muscle training
- relaxation
- body shaping - resulting in healthier joints, bones, and improved coordination.
- It also aids in burning body fat, weight reduction, skin tightening, posture improvement, and offers massaging effects.

Additionally, vibraNano promotes overall well-being, releasing tension, preventing back problems, boosting metabolism and blood circulation, and even supporting pelvic floor and osteoporosis prevention. It can contribute to stress reduction, anti-aging effects, and a positive shift in hormonal balance, making it a comprehensive solution for improving health and well-being.



MEMBERSHIP POLICIES

Membership Duration:

- Memberships are valid for one year from the date of purchase and are on autorenewal with a 30 day notice of renewal date.

Membership Fees:

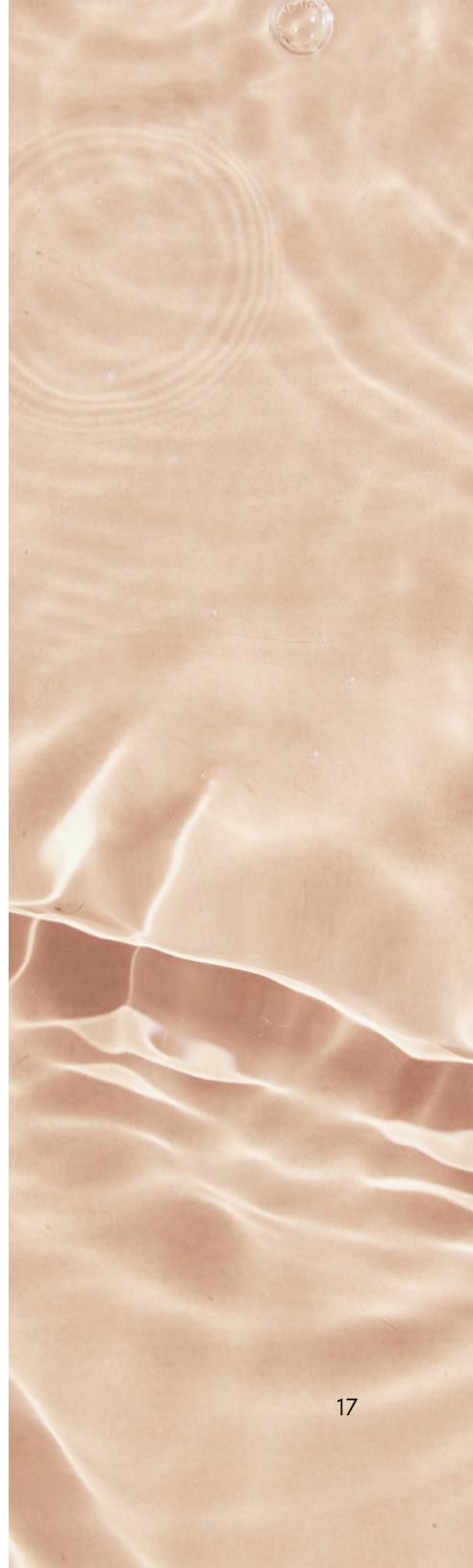
- Monthly auto draft is required.

Cancellation and Refund Policy:

- Members must acquire a membership for 6 months before a cancellation.
- Members may cancel their membership with a 30-day written notice, after their 6 month period.
- There is a \$50 no-show for appointments without call notice within 24 hours.

Memberships are not recommended for expecting mothers. Please ask a provider about pausing membership.

Gift certificates can be purchased/given for services and products, but are not valid against Membership Fees.



MEET YOUR PROVIDER



CHRISTA JACKSON, APRN

Christa Jackson, APRN brings a holistic approach to healthcare.



Christa found her passion for men's and women's health and quickly found her calling by helping her patients achieve and maintain their optimal well-being. She firmly believes in listening, educating, and empowering her patients to protect and restore their health. Specializing in a range of areas, including weight management, peptide therapy, hormone therapy, laser therapies, body contouring, micro-needling, radio frequency micro-needling, hair restoration, joint injections, and injectables. Christa finds fulfillment in her work where she can integrate her faith into her practice.

MEET YOUR PROVIDER



JORDAN DAVIDSON, APRN

With a strong emphasis on patient-centered care, Jordan understands the significance of being heard and valued by a healthcare provider.

Jordan strives to create an environment where patients feel important and actively participates in their own healthcare journey. Specializing in a range of areas, including weight management, peptide therapy, hormone therapy, laser therapies, body contouring, microneedling, radio frequency micro needling, hair restoration, joint injections, and injectables, Jordan offers comprehensive and cutting-edge treatments to address her patients' needs.



MEET YOUR INJECTOR



SIDNEY BENNETT, RN & AESTHETIC INJECTOR

Sidney joined the Beyond Wellness team in Little Rock, Arkansas as an aesthetic injector and trainer in 2024.

Sidney's love for helping others look and feel beautiful is the fuel that drives her passion for growth in her career. An Alumna of The University of Arkansas at Fayetteville and Baptist Health College, Sidney's resume supports experience in dermatology, the emergency department, and high-risk pregnancy before pursuing her passion in aesthetic nursing. With over 7 years of cosmetic injection experience, Sidney's specialties include: Botox Daxxify, and Dysport injections, liquid face lift, dermal fillers, lip enhancement, cheek augmentation, tear trough fillers, jawline enhancement, and Kybella.

MEET YOUR INJECTOR



REAGAN CODY, RN & AESTHETIC INJECTOR

Reagan joined Beyond Wellness in Little Rock in 2024 as an aesthetic injector, bringing over four years of experience and a strong nursing background. She specializes in aesthetic injectables, laser therapies, body contouring, microneedling, radiofrequency microneedling, and hair restoration. Reagan began her nursing career in critical care at Baptist Health and has since gained diverse experience in outpatient surgery, urology, and oculofacial plastic surgery.

Passionate about educating and empowering her patients, she is currently pursuing her nurse practitioner degree. Outside of work, Reagan cherishes time with her family, enjoys date nights and movie nights with her sons, and credits her faith in Jesus as the foundation of her life and balance.

MEET YOUR CONCIERGE



ADRIENNE CARLTON, MEMBERSHIP CONCIERGE

Adrienne joined Beyond Wellness in mid-2025, bringing more than three years of specialized membership experience and a deep commitment to exceptional patient care. Known for her thoughtful organization, approachable nature, and attention to detail, Adrienne creates a seamless, welcoming experience for every member.

From the very first interaction through each step of the wellness journey, she is dedicated to ensuring members feel informed, supported, and genuinely cared for—delivering the elevated, concierge-level experience that defines Beyond Wellness.

Members can enjoy the support of a Dedicated Membership Concierge, offering white-glove assistance with scheduling, care coordination, and ongoing needs.



MEMBER TESTIMONIALS



Joining Beyond Wellness and making a commitment to take care of myself a little better has been one of the best things I've ever done and everyone there is just so nice and makes my visits a wonderful experience.

-M.J.

I have nothing but good things to say about my experience from the day I called to make my appointment to the day I arrived for my consultation!! The team At Beyond Wellness made me feel comfortable and welcome and took care of all my needs and help me pick a membership that fit my wellness needs!!

-C.L.

If you're looking for an intelligent, caring, and articulate guide for better health beyond being cared for when you get ill, Christa is the person you've been looking for. She's thorough, an excellent listener, and very knowledgeable. "Being healthy" is not about just not getting sick, it's much more, and Christa and her team are just the ones to help you fill in all the missing pieces. I'm excited to be a part of her practice, and I'm even more excited about what my future now holds. Thank you, Christa and Team

-D. D.

MEMBER TESTIMONIALS



Working with Jordan and everyone at Beyond Wellness was an incredible experience. Adjusting my hormones was the game-changer I never knew I needed. For years, I felt like I was walking through life in a fog—moody, exhausted, and completely disconnected from my husband. Our relationship was on the rocks, and I felt like I was losing a part of myself. After countless dead-end solutions and feeling like I was just surviving instead of truly living, I finally decided to take control and address my hormone imbalance.

The transformation was nothing short of incredible. Almost immediately, I felt more like me again—full of energy, balance, and clarity. My mood swings started to level out, and I found myself genuinely enjoying life and my relationship again. It was as if a weight had been lifted, and I could finally be present and connected with my husband in a way I hadn't been in years. The changes were so profound that it truly felt like I was given back my life—and the bond we once had. This wasn't just about feeling better physically; it was about reclaiming my emotional well-being, my confidence, and the happiness I thought I'd lost forever. Adjusting my hormones didn't just save my relationship; it saved me.

-L.W.

MEMBER TESTIMONIALS



I recently saw Sidney for tox and had such a great experience. From the moment I walked in, she made me feel comfortable. She was honest, transparent, and never tried to push anything I didn't need. I really appreciated how real she was and how she explained what would and wouldn't work for me.

The results look natural and met my expectations. You can tell she truly knows what she's doing and wants the best for her clients. I'll definitely be a loyal customer moving forward. Thank you, Sidney, for being amazing!

-S.T.

Reagan is amazing! She really listens to what I am trying to achieve and comes up with a plan. I prefer a subtle difference in fillers. She does just that with very clear description of results. On my skin care, I like to be more aggressive. She always knows the latest treatments (I like lasers) and skincare to keep my skin looking healthy. She is personable and enthusiastic. I feel comfortable asking questions and with the treatment plans. The staff is great and office is lovely. You cannot go wrong visiting Beyond Wellness and Reagan!

-C.F.



Contact Us

501-476-7171

beyondwellnessar.com

membership@beyondwellnessar.com



@beyondwellnessar

Hot Springs

25255 AR-5 K

Lonsdale, AR .72087

*outside of HSV east gate

Little Rock (West)

23816 Chenal Pkwy

Little Rock, AR. 72223

Little Rock (Hillcrest)

623 Beechwood

Little Rock, AR. 72205

Rogers

4100 W Oak St.

Rogers, AR. 72758