

MEMBERSHIP BOOKLET



2024

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OUR MEMBERSHIPS



Our aspiration? To curate a distinctive program tailored to the evolving healthcare needs of Little Rock and its neighboring communities. This initiative ensures you get the healthcare you require and deserve:

We have specifically curated the following Memberships to fit your wellness needs and lifestyle:

- Aesthetic Membership
- Self-Service Membership
- Limited Membership
- Exclusive Membership
- Unlimited Membership

Including additional add-on options to best cater to your individual needs.

AESTHETIC MEMBERSHIP

Quick Points

20%

OFF
Aesthetic
Esthetician
Skincare
Products

+

PERKS
&
PROMOTIONS

- Priority booking with Beyond Wellness aesthetic providers
- Access to Membership Patient Portal
- Access to Quarterly Clinic Membership Mixers and Seasonal Open Houses with additional discounts
- 20% off all aesthetic services, esthetician services and skincare products
 - including aesthetics such as:
 - Neurotoxins
 - Fillers
 - Sculptra
 - Sylfirm Radio Frequency Microneedling
 - Morpheus 8 Body RF Microneedling
 - Sciton BBL Forever Young
 - Sciton BBL Forever Clear
 - Sciton BBL Hair Removal
 - InMode Evolve X Body Contouring
 - InMode Empower Female Rejuvenation Procedures
 - PRP Hair Rejuvenation
 - including esthetician services such as:
 - Dermaplaning
 - Chemical Peels
 - Facials
 - Waxing
 - Microcurrent Treatments
 - Microdermabrasion
- Access to Exclusive Membership Only App (Apple/Android)
 - Receive notifications
 - Request appointments
 - Track payments
- Additional perks and promotions offered throughout the year

\$125 / monthly

Quick Points

4

IV Treatments

30

Wellness
Self
Services

+

PERKS
&
PROMOTIONS

SELF SERVICE MEMBERSHIP

- Access to Membership Patient Portal
- Access to up to thirty wellness self-services:
 - Red Light Bed
 - Infrared Salt Sauna
 - Vitamin D Bed
 - Lymphatic Compression Treatment
- Access to up to four IV treatments per month
- Priority access
- Access to guaranteed appointments
- Access to Quarterly Clinic Membership Mixers and Seasonal Open Houses with additional discounts
- Access to Exclusive Membership Only App (Apple/Android Store)
 - Receive notifications
 - Request self-service appointments
- Track payments
- Additional perks and promotions offered throughout the year

\$125 / monthly

LIMITED MEMBERSHIP

Quick Points

20%

OFF
Pellet
Therapy

+

PERKS
&
PROMOTIONS

- Exclusive access to Beyond Wellness providers
- Telehealth included
- Access to Membership Patient Portal
- Access to convenient in-office blood draws
- Guaranteed quarterly appointments for hormone and wellness care
- Additional visits are welcome upon availability
- Priority access
- Access to guaranteed appointments
- 20% off pellet therapy
- 50% off weight management add-on option
- Access to Quarterly Clinic Membership Mixers and Seasonal Open Houses with additional discounts
- Access to Exclusive Membership Only App (Apple/Android Store)
 - Receive notifications
 - Request self-service appointments
 - Track payments
- Additional perks and promotions offered throughout the year

\$125 / monthly

Quick Points

1

IV Treatment

4

Wellness
Services

20%

OFF
Aesthetic
Esthetician
Cash
Services

+

PERKS
&
PROMOTIONS

EXCLUSIVE MEMBERSHIP

- Exclusive access to Beyond Wellness providers
- Telehealth included
- Access to Membership Patient Portal
- Access to convenient in-office blood draws
- Guaranteed quarterly appointments for hormone and wellness care
- Additional visits are welcome upon availability
- 50% off weight management add-on option
- 20% off pellet therapy
- 20% off all aesthetic services, esthetician services, and cash services
- Access to four wellness self-services:
 - Red Light Bed
 - Infrared Salt Sauna
 - Vitamin D Bed
 - Lymphatic Compression Treatment
- Access to one IV treatment per month
- Priority access
- Access to guaranteed appointments
- Access to Quarterly Clinic Membership Mixers and Seasonal Open Houses with additional discounts
- Access to Exclusive Membership Only App (Apple/Android Store)
 - Receive notifications
 - Request self-service appointments
 - Track payments
- Additional perks and promotions offered throughout the year

\$175 / monthly

Quick Points

4

IV Treatments

30

Wellness
Self
Services

20%

OFF
aesthetic
esthetician
cash
services

+

PERKS
&
PROMOTIONS

UNLIMITED MEMBERSHIP

- Everything in Exclusive Membership PLUS Unlimited Access to Self-Services *see below
- Exclusive access to Beyond Wellness providers
- Telehealth included
- Access to Membership Patient Portal
- Access to convenient in-office blood draws
- Guaranteed quarterly appointments for hormone and wellness care
- Additional visits are welcome upon availability
- 20% off pellet therapy
- 50% off weight management add-on option
- 20% off all aesthetics services, esthetician services, and cash services
- Access to up to thirty wellness self-services:
 - Red Light Bed
 - Infrared Salt Sauna
 - Vitamin D Bed
 - Lymphatic Compression Treatment
- Access to up to four IV treatments per month
- Priority access
- Access to guaranteed appointments
- Access to Quarterly Clinic Membership Mixers and Seasonal Open Houses with additional discounts
- Access to Exclusive Membership Only App (Apple/Android Store)
 - Receive notifications
 - Request self-service appointments
 - Track payments
- Additional perks and promotions offered throughout the year

\$225 / monthly

MEMBERSHIP ADD-ON OPTIONS

Weight Management

- Telehealth included
- Access to Membership Patient Portal
- Guaranteed monthly weight management appointments
- Specialize eating and exercise plans
- Access to in-office body composition scanner
- 20% off muscle-building peptide therapy

+ \$50 / monthly

MEMBERSHIP ADD-ON OPTIONS

Evolve

- Access to Membership Patient Portal
- Access to 4 monthly Evolve sessions
- Evolve X Tite – Evolve Tite is an innovative non-invasive solution designed specifically to reduce the unsightly appearance of loose sagging skin. It is a quick and easy non-surgical alternative that will reshape your body.
- Evolve X Tone – Evolve Tone is an innovative non-invasive solution designed specifically to increase muscle strength. It is a non-surgical procedure that will enhance the shape and tone of your body.
- Evolve X Trim – Evolve Trim is an innovative non-invasive solution designed specifically to reduce the unsightly appearance of cellulite. It is a quick and easy non-surgical alternative to liposuction which will reshape your body.
- Evolve X Transform – Get it all with Evolve Transform, which is a combination of Tite, Tone, and Trim. Transform is an innovative hands-free procedure that builds and strengthens muscles, reducing fat, while also enhancing the appearance of your skin. This non-invasive treatment is a zero-downtime alternative for sculpting and refining your body in the comfort of our office.

+ \$400 / monthly

SELF-SERVICES LIST

Red Light Bed

(Photobiomodulation or LLLT) is a treatment that stimulates the body's cellular processes. This bed uses red and full-spectrum near-infrared light to activate a variety of biological processes.

Red light therapy is used for and approved to treat injuries, reduce pain, relax muscles/joints, and increase blood circulation. It can also target skin rejuvenation, hair loss prevention, and sleep optimization.



SELF-SERVICES LIST

Red Light Bed (continued)

Similar to the previous paragraph, Blue Light is stimulating and thought to enhance mood, focus and attention. Blue light is part of the spectrum of light we get from daylight, and it is also associated with cleansing and disinfecting. Research suggests that the combination of red and blue light may reduce bacteria-caused blemishes on the skin resulting in an overall improved appearance of the skin.

This bed also offers a unique Green and Infrared light mode, namely the “Calm Mode”. Greenlight has the most calming effect on the mind among all colors in the visible light spectrum.

SELF-SERVICES LIST

Infrared Salt Sauna

Our Infrared Salt Sauna offers a synergistic combination of Infrared Saunas (manufactured by Clearlight Infrared) and Salt Therapy (provided by Halotherapy Solutions, LLC). It was created to engage all 5 senses for a truly transformative experience in an all-in-one solution that has never been seen before:

There are truly synergistic benefits of using Halotherapy and infrared together:

- Improves respiratory health
- Improves immune resilience
- Promotes detoxification
- Helps skin conditions (psoriasis, eczema, etc)
- Helps with chronic pain
- Relieves muscle tension and stress
- Speeds up recovery
- Enhances sport performance



SELF-SERVICES LIST

Lymphatic Compression Treatment

There are many health benefits to using the BOA Max 2 for Lymphatic Compression Treatment. It provides an anti-aging massage while helping you feel invigorated and relaxed. Algorithms include lymphatic drainage, sport massage, slimming and cellulite. When it comes to the body's circulatory and lymphatic systems, the BOA Max 2 acts as an external heart, applying gentle pressure to enhance blood circulation and stimulate the lymphatic system flow. This helps to eliminate toxins in the body and gives the blood fresh oxygen. All of this promotes a stronger immune system. Because the blood is freshly oxygenated, the skin cells become healthier. The skin is firmer and looks and feels better.

SELF-SERVICES LIST

Lymphatic Compression Treatment (continued)

When used regularly, the BOA Max 2 may avoid, halt, or even eliminate cellulite and liquid accumulation. Sports massage is among the most popular applications. The compression relaxes the muscles and helps lactic acid drain. A side-effect of all pre-set modes is that abdominal muscles will relax with gentle compression which stimulates healthy and efficient waste elimination.



SELF-SERVICES LIST

Vitamin D Bed/ vibraNano

- 26 x 180W pure Sunlight Lamps
- 26 x 180W smart Sunlight Lamps
- Collagen Light stimulates the production of collagen
- Helps improve, lines and reduce wrinkles
- Optimal UVB light for ultimate Vitamin D absorption, a beautiful complexion and tanning results
- Refreshing ventilation for comfortable sessions
- Voice-guided instructions for easy operating
- Easy-to-use and intuitive control buttons

vibraNano is a patented technology based on side-alternating acceleration, creating a walking-like motion that triggers muscle reflexes in the lower body while keeping the upper body still and relaxed. This technology operates by rapidly stretching and contracting muscles, stimulating individual muscles and muscle groups at a frequency of 12-21 times per second (12-21 Hertz).



SELF-SERVICES LIST

Vitamin D Bed/ vibraNano (continued)

The benefits of vibraNano include:

- muscle training
- relaxation
- body shaping - resulting in healthier joints, bones, and improved coordination.
- It also aids in burning body fat, weight reduction, skin tightening, posture improvement, and offers massaging effects.

Additionally, vibraNano promotes overall well-being, releasing tension, preventing back problems, boosting metabolism and blood circulation, and even supporting pelvic floor and osteoporosis prevention. It can contribute to stress reduction, anti-aging effects, and a positive shift in hormonal balance, making it a comprehensive solution for improving health and well-being.

MEMBERSHIP POLICIES

Membership Duration:

- Memberships are valid for one year from the date of purchase and are on autorenewal with a 30 day notice of renewal date.

Membership Fees:

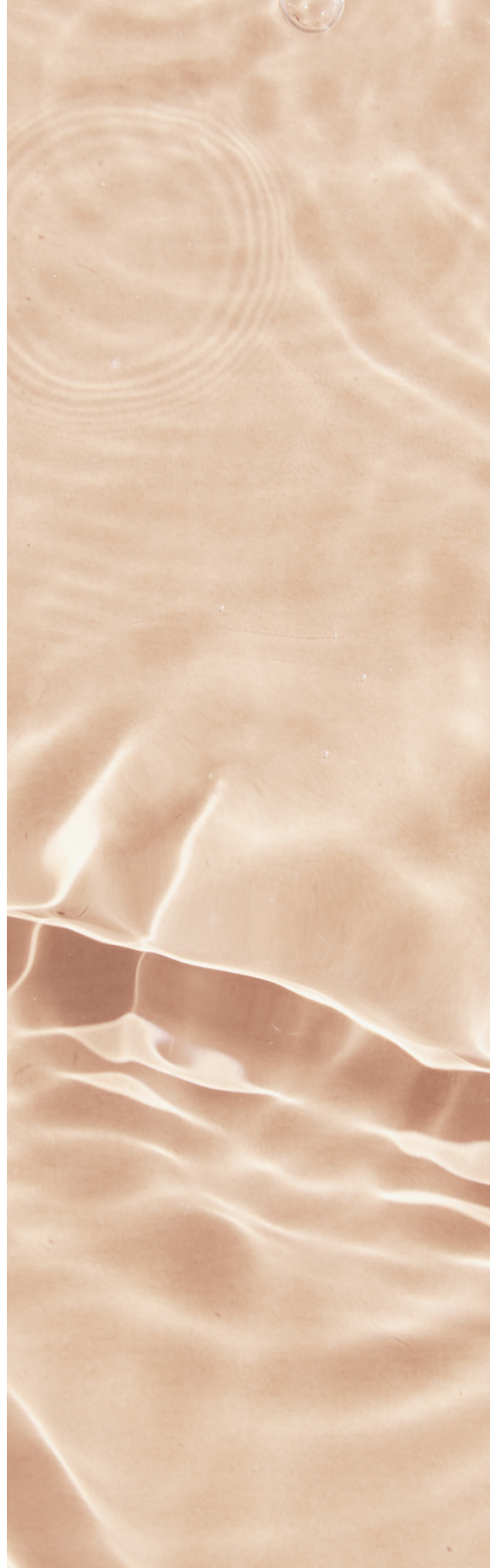
- Monthly auto draft is required.

Cancellation and Refund Policy:

- Members must acquire a membership for 3 months before a cancellation.
- Members may cancel their membership with a 30-day written notice, after their 3 month period.
- There is a \$50 no-show for appointments without call notice within 24 hours.

Memberships are not recommended for expecting mothers. Please ask a provider about pausing membership.

Gift certificates can be purchased/given for services and products, but are not valid against Membership Fees.



MEET YOUR PROVIDER



CHRISTA JACKSON, APRN

Our Membership dedicated provider, Christa Jackson, APRN brings a holistic approach to healthcare,

Christa found her passion for men's and women's health and quickly found her calling by helping her patients achieve and maintain their optimal well-being. She firmly believes in listening, educating, and empowering her patients to protect and restore their health. Specializing in a range of areas, including weight management, peptide therapy, hormone therapy, laser therapies, body contouring, micro-needling, radio frequency micro-needling, hair restoration, joint injections, and injectables. Christa finds fulfillment in her work where she can integrate her faith into her practice.

MEMBER REVIEWS



I tried the Infrared Salt Sauna for the first time today, and just WOW! It was the most relaxing thing I have done for myself in a long time. It was so warm and super quiet. I ended up turning on a meditation app and it was the best 30 min of my day! I will definitely be scheduling a lot more appts with this self service treatment!

-Holly J.

Great experience, with a friendly and accommodating staff. They made me feel so comfortable. A very pleasant visit!

-Cathy G.

I received an IV this morning and the staff was very caring and overall it was a relaxing experience!

-Shannon Y.



CONTACT US

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